

## A Simplified Approach to Natural Aesthetics

### HANDS-ON WORKSHOP

This hands-on workshop offers a simplified, practical approach to achieving natural aesthetics with composite restorations. Participants will learn effective techniques for shade selection, layering, and sculpting that replicate the natural tooth anatomy with ease and efficiency. The session will also cover key clinical tips to optimize handling, reduce common errors, and ensure long-lasting, aesthetic results—helping clinicians deliver beautiful restorations while minimizing chair time.

#### Learning Objectives:

- Understand fundamental principles of natural aesthetics in composite restorations.
- Apply simplified shade selection and layering techniques for predictable outcomes.
- Master composite handling and sculpting to mimic tooth anatomy.
- Implement clinical tips to avoid common pitfalls such as voids, over contouring, and poor polymerization.
- Employ strategies to improve efficiency and longevity of composite restorations.

WEDNESDAY 5 NOVEMBER 2025

\$249 AUD inc GST

(Registration starts at 1:30) 2:00PM-6:00PM

4 CPD

HENRY SCHEIN MASCOT - Building 3, level 6, 189 O'Riordan St, Mascot



**Dr RL Castillo**

Presenter



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RL earned her Doctor of Dental Medicine degree in the Philippines and brings over 20 years of experience in the dental industry. She refined her clinical expertise and management skills through her own dental practice, delivering comprehensive patient care. Her commitment to oral health led her to Singapore's Health Promotion Board School Dental Services, where she practiced and focused on advancing oral health programs for school children. Now, as part of the Professional Development team at GC Australasia Dental, RL leads training and education initiatives across the region, specializing in fibre technology, aesthetics, and adhesive and restorative dentistry, helping clinicians elevate their skills and patient outcomes.

## Information

### Henry Schein Mascot

Building 3, Level 6, 189 O'Riordan St Mascot, NSW, 2020

- Our new building can be found in the same precinct as the *Pullman Hotel Sydney Airport*.
- We are located on the 6th floor in the same building as Jaguar/Land Rover Showroom
- Entrance to the building can be found across from South Side Deli.



### Need Accommodation?

Pullman Sydney Airport ☆☆☆☆☆

191 O'Riordan Street, Mascot

Tel: +61 2 8398 4600

Email: h9522@accor.com

Pullman Sydney Airport is just across the road from the course venue!



### Travelling by car?

- There is no right turn from O'Riordan St to the Henry Schein Building if you are travelling south. The best access can be found travelling north towards the city and turning left into the Pullman Hotel.
- There is limited customer parking out the front of the building. Paid parking can be found at the Pullman - Hotel across the road from the Henry Schein Building for \$40 a day
- Alternatively, you can use Wilson Parking - 289 King St, Mascot, only a 3-minute walk to Henry Schein Office. Casual rates are available and discount prices apply if you book ahead - [https://www.wilsonparking.com.au/park/2297\\_Space-Shuttle-Airport-Car-Park\\_289-King-Street-Mascot](https://www.wilsonparking.com.au/park/2297_Space-Shuttle-Airport-Car-Park_289-King-Street-Mascot)

### Travelling by train or walking

- 6-minute walk from Mascot station, on the airport line. Turn left on Bourke St after exiting the train station and continue straight. The venue can be accessed via Bourke or O'Riordan St.

